

**BASIC NURSE ASSISTANT
OUTLINE OF ASSIGNMENTS
10th Edition**

Date: _____

- **Module 1: Health Care Agencies, The Person's Rights, The Nursing Assistant, Delegation ,Ethics and Laws , Student and Work Ethics**
 - Chapters 1, 2, 3, 4, 5 & 6
 - **Video:** Caring for Residents with Dignity and Respect & Resident Rights

Date: _____

- **Exam 1 (Module 1)**
- **Module 2: Communicating with the person, Health Team Communications ,Medical Terminology**
 - Chapters 7, 8 & 9
 - **Video:** Communication with Residents and their Families

Date: _____

- **Exam 2 (Module 2)**
- **Module 3: Safety, Preventing Falls, Restraint Alternatives and Restraints, Preventing infection, Isolation Precautions, the Immune system**
 - Chapters : 13, 14, 15, 16, 17 pgs. 127
 - **Video:** : Infection Control Skills and Fall Prevention
 - **Skills:** Handwashing, gloving, applying PPE

Date: _____

- **Exam 3 (Module 3)**
- **Module 4: Body Mechanics, Moving the Person, Transferring the Person, Exercise and Activity, Rehabilitation Needs, The Musculo-Skeletal System**
 - Chapters 18, 19, 20, 34, 45 pgs. 115-117
 - **Video** Range of Motion Exercises, Safe Transfer, Transfer and Ambulation Skills
 - **Skills:** Gait Belts, transfers from bed to w/c, ROM

Date: _____

- **Exam 4 (Module 4)**
- **Module 5: Person's Unit, Bedmaking and Comfort, Rest, and Sleep**
 - Chapters: 21, 22, 35
 - **Video::** Bedmaking and Positioning Techniques
 - **Skills:** Bedmaking, Occupied Bed

Date: _____

- **Exam 5 (Module 5)**
- **Module 6: The Older Person, Oral Hygiene, Daily Hygiene and Bathing, Grooming, Dressing and Undressing, The Integumentary System**
 - Chapters 12, 23, 24, 25, 26 pg 114
 - **Video:** Oral Care, Techniques in Bathing, The Bed Bath, Personal care skills for the Care Provider
 - **Skills:** Bathing, shaving, denture and oral care, dressing a resident, nail care, & perineal care

Date: _____

- **Exam 6 (Module 6)**
- **Module 7: Vital Signs, Oxygen Needs, Respiratory Support & Therapies, Emergency Care, The Circulatory & Respiratory systems;**
- Chapters: 33, 43, 44, 58 pgs. 120-123
- **Video:** Measuring Vital Signs, Blood Pressure Sights and Sounds
- **Skills:** Vital signs

Date: _____

- **Exam 7 (Module 7)**
- **Module 8: Urinary Needs, Urinary Catheters , Collecting and Testing Specimens, Urinary & Reproductive Disorders, Sexuality, The Urinary & Reproductive system**
 - Chapters: 27, 28, 38, 51, 55 pgs. 124-126
 - **Video:** Essential Elimination Skills, Incontinence Care, Ostomy & Urinary Drainage and Catheter Care
 - **Skills:** Collecting urine specimens, catheter care, intake and output

Date: _____

- **Exam 8 (Module 8)**
- **Module 9 : Bowel Needs, Nutrition Needs, Fluid Needs, Nutritional Support & IV Therapy, Digestive and Endocrine Disorders, The Digestive and Endocrine systems**
 - Chapters 29, 30, 31, 32, 50 pgs. 123-24
 - **Video:** Nutrition and Hydration, Serving a Meal
 - **Skills:** Feeding

Date: _____

- **Exam 9 (Module 9)**
- **Module 10 : Admissions, Transfers, & Discharges, Assisting with the Physical Exam; Assisted Living**
 - Chapters:36, 37, 57
 - Video and Skills: Measuring Weight and Height

Date: _____

- **Exam 10 (Module 10)**
 - **Module 11: The Person Having Surgery, Wound Care, Pressure Injuries, Heat and Cold Applications.**
 - Chapters: 39, 40, 41, 42
 - **Video: :** Positioning Techniques, Pressure Ulcer Prevention, Understanding Skin Breakdown & Pain Management

Date: _____

- **Exam 11 (Module 11)**
- **Module 12: Mental Health Disorders, Confusion and Dementia, Intellectual Developmental Disabilities**
 - Chapters: 52, 53, 54
 - **Video** The Alzheimer's Series: Wandering: Is It a Problem?; Agitation...It's a Sign; Resisting Care...Putting Yourself in Their Shoes
 - **Video:** The Hope Project; Memory Loss Tapes; Caregivers; Grandpa, Do You Know Who I Am? Wandering and Elopement, Understanding Abuse and Neglect

Date: _____

- **Exam 12 (Module 12)**
- **Module 13: End of Life Care**
 - Chapters: 59
 - **Video:** Recognizing Abnormal Signs and Symptoms, Recognizing and Reporting Physical Changes & Facing Death, *The Alzheimer's Project Continued, Still Alice*

Date: _____

- **Exam 13 (Module 13)**
- **Chapter 60 : Getting a Job**
- **Review for Final Exam**

Date: _____

- **Final**